

Florida Agriculture in the Classroom, Inc.

## http://www.flagintheclassroom.com



## Benefits of Gardening



## Benefits of gardening

- Academic achievement
- Enhances self-esteem
- Environmental stewardship and connection with nature
- Active learning and student engagement
- Life skill development
- Fosters parental involvement




## Gardening i̊n’t an add on, but pather

 an integral part of the whole curpiculum.

## Connecting to the curriculum



Language Arts: planting journal, read books about gardening, write a story about your seeds

Health: investigate the nutritional properties of fruits \& veggies, keep a food diary and physical activity

Math: measure and graph plant growth

Science: predict seed sprouting under different conditions, investigate plant adaptations


## Gardening for Grades Lessons

| Activity | Focus | Level | Page |
| :--- | :--- | :--- | :--- |
| It all Begins With Soil | Soil Composition | $4-8$ | 23 |
| Acid to Alkaline | Soil Chemistry | $4-8$ | 27 |
| We're the Producers! | Photosynthesis | $3-8$ | 36 |
| Yo Seeds, Wake Up! | Germination | K-4 | 52 |
| Plan It, Map It | Garden Plan | K-7 | 60 |
| Lettuce Be Different | Diversity | K-6 | 64 |
| Feed Me - Nutritional Building Blocks | Nutrient Requirements | $3-5$ | 70 |
| Inch by Inch, Row by Row | Garden Plan | $1-4$ | 80 |
| The Million Dollar Can o' Soup or Salsa | Production | $1-4$ | 84 |
| Soil Sort | Soil Composition | K-3 | 87 |
| What Are We Eating? | Edible Plant Parts | K-5 | 91 |
| The Roots of Food | Significance of Food | K-12 | 99 |
| Turning Over a New Leaf | Adaptation | K-6 | 103 |

## Secrets to Success...

$\checkmark$ Build a team
$\checkmark$ Get administrative/staff support
$\checkmark$ Start small
$\checkmark$ Plan it out and get approval
$\checkmark$ Integrate it into your curriculum
$\checkmark$ Enlist the help of volunteers
$\checkmark$ Get the community involved
$\checkmark$ Celebrate success

## What do plants need to thrive?



## Garden Site Checklist (pp. 8-9)

1) Light requirements
a. Number hours of sunlight b. Position of garden
2) Water requirements
a. Access to water
b. Hose, wands, water cans
3) Space
a) Spacing
b) Number students


## Garden Site Checklist (cont'd)

4) Soil
a. Composition
b. Type
c. Nutrients
5) Time
a. Planning
b. Funding
c. Building
d. Maintenance


## Gardening Basics: Light

Find a sunny spot: 6-8 hours of full sun a day


## Location, Location, Location

Rows run north - south



## Photosynthesis



Sunlight
$12 \mathrm{H}_{2} \mathrm{O}+6 \mathrm{CO}_{2} \rightarrow \mathrm{C}_{6} \mathrm{H}_{12} \mathrm{O}_{6}+6 \mathrm{H}_{2} \mathrm{O}+6 \mathrm{O}_{2}$
Chlorophyll We're the Producers! (pg. 36)

## Soil

A thin layer of material on the Earth's surface in which plants have their roots. It is made up of weathered rock and decayed plant and animal matter. Soil formation takes place when air, water, plant life, animal life, rocks, and chemicals interact.

It All Begins With Soil (pg. 23)
Soil Sort (pg. 87)


## Soil Components

Pore space Sand, silt, clay


Soil And Space (NFL)

## Soil Texture

## Soil properties like texture (sand, silt, clay), drainage, and chemistry are used to distinguish different types of soil.

It All Begins With Soil (pg. 23)

## Determine your soil type

Soil Triangle (pg. 25)

1. Estimate \% sand, silt, clay
2. Draw a line from percent sand (67\%) to percent clay
3. Draw line from percent silt (25\%) to percent sand
4. Draw line from percent clay (8\%) to percent silt
5. Soil type is where 3 lines intersect


## Plant Nutrients

(Pg. 17 Feed Me: Nutritional Building Blocks)

Non-mineral elements: air \& water Mineral elements: soil

Macro

$\mathrm{B}, \mathrm{Cu}, \mathrm{Fe}, \mathrm{Cl}$, $\mathrm{Mn}, \mathrm{Mo}, \mathrm{Zn}, \mathrm{Ni}$

## Water requirements

How: Hand watering or hose
Sprinklers
Cup/bucket watering
How often: At least 3 times per week

When: Mornings are best


- Type of garden
- Warm vs cool season plants

S

- Spacing
$p$
- \# using the garden
a
C e



## Type of Garden (pgs. 15-17)

1) Container options...

Broccoli plant in 12 inch pot
Window box gardening
Pizza garden in a plastic pool
2) Hydroponics
3) Raised beds


## Decide on a size



## What to plant? When to plant? (Pgs. 111-126)

| Warm Season <br> (Feb-May) | Cool Season <br> (Sept-Jan) |
| :---: | :---: |
| Tomato | Radishes |
| Pepper | Greens |
| Beans | Spinach |
| Eggplant | Onions |
| Cucumber | Lettuce |
|  |  |

## Seeds vs. Plants (Pgs. 111-126)

Carrots: SEEDS
Lettuce: either
Cabbage/Broccoli: either
Strawberry: PLANTS
Radish: SEEDS
Onions: PLANTS
Beans: SEEDS


## Spacing? Days until harvest? (Pg. 58)

## Time

## a. Planning Your Garden <br> b. Funding <br> c. Building/Construction <br> d. Maintenance

## Funding (Pgs. 9-11)

- Florida Agriculture in the Classroom
- Florida Farm Bureau Grant
- Other sources: Lowes, Home Depot



# Florida Agriculture in the Classroom, Inc. AGRICULTURE KEEPS FLORIDA GREEN 

http://www.flagintheclassroom.com Lisa Gaskalla, Executive Director

