

INTERNATIONAL FOOD INFORMATION COUNCIL FOUNDATION



Food Decision 2016: Consumer Insights on Food Safety, Nutrition and Health

September 22, 2016

Kimberly Reed President, IFIC Foundation



Mission: To effectively communicate science-based information on health, nutrition, and food safety for the public good.

Primarily supported by the broad-based food, beverage, and agricultural industries We do not endorse brands or products, lobby, or engage in political activity www.foodinsight.org



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Florida Department of Citrus



THERE'S

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Shelley Rossetter, Public Relations Manager – srossetter@citrus.myflorida.com Samantha Lane, Global Marketing Director – slane@citrus.myflorida.com



2016 Food Information Organization Summit: Florida Department of Citrus Gave Luncheon Keynote

 30+ representatives from IFIC, other Food Information Organizations, and collective members from around the world

Florida Citrus Commission 2016 Meeting: IFIC Foundation Staff Presented on Issues Management Citrus: Great Fruits for Heart Health

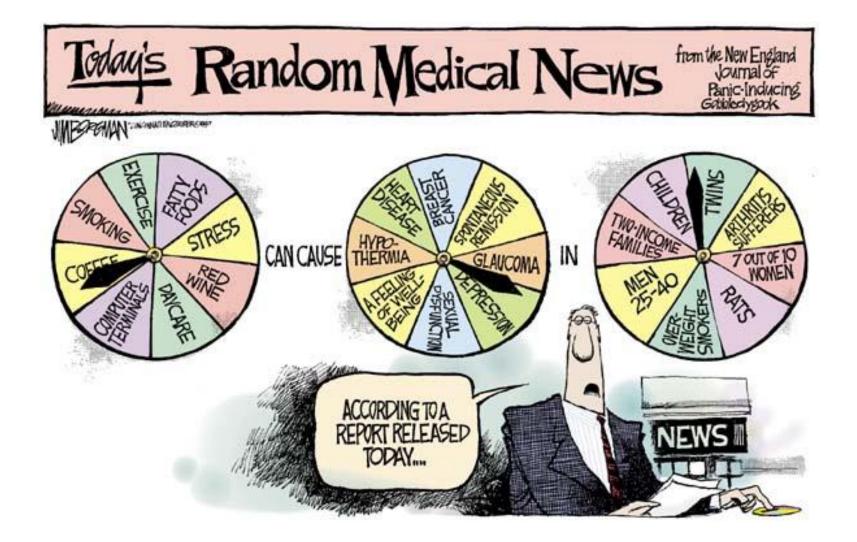
By Kris Sollid, R.D. | Mar 03 2016 Last updated Mar 04 2016

03 2016 🚯 💟 🔇 😑



February is American Heart Month National Grapefruit Month in the U confluence wasn't lost on us, and i What role does citrus play in heart





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A Nation Divided... on Food?



Pop Quiz

- Q1: What 3 aspects of producing food in a sustainable way are most important to you?
- Q2: Have you read an article examining the food system in the past year?
- Q3: What is your top source of trust for information on the safety of food and ingredients?
- Q4: What is your top food safety issue?







FOOD Decision 2016

FOOD & HEALTH SURVEY



HEADLINES ARE CHANGING PUBLIC PERCEPTION



International Food Information Council Foundation 2016 Food and Health Survey

HEADLINES ARE CHANGING PUBLIC PERCEPTION



Nearly a third of Americans have changed their mind about nutrition issues in the past year. News articles are a top driver of this change.

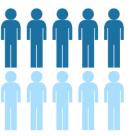




AMERICANS ARE HUNGRY FOR MORE INFO ABOUT NUTRITION AND THE FOOD SYSTEM



Nearly half of Americans have read an article or book, or watched a documentary about the food system in the past year...







...and **about half of those Americans** have changed their food purchases as a result.





International Food Information Council Foundation 2016 Food and Health Survey

FOOD INFORMATION LANDSCAPE

Registered Dietitian, Personal healthcare professional and US government agencies are the top three most trusted sources for types of food eaten and food safety.

Groups more Groups more Types of food you should be Food safety likely to trust: likely to trust: eating Registered Age 50-80, 70% 70% Age 50-80 Dietitian/Nutritionist Women Your personal healthcare Age 50-80, Higher 65% 57% income, Higher BMI professional 37% 52% Men US government agencies Health-focused Website, 31% 31% such as WebMD 24% 19% A friend or family member 23% Age 18-49 17% Fitness professional Age 18-49 16% Age 18-34, Lower income Farmer 18% 13% 11% A food expert on TV Age 18-34 13% Health, food and nutrition 14% Age 18-49 bloggers 8% Food company or manufacturer 10% Men

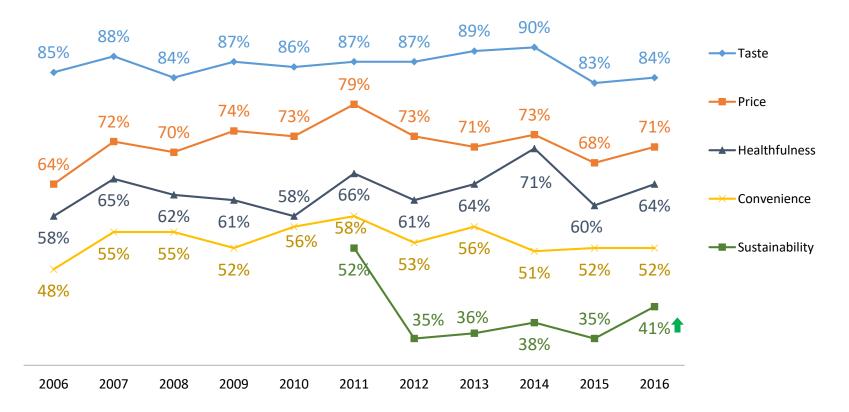
Which one of these sources would you *trust the most* to provide accurate information about the following issues? (*Select up to 3.*)

2016 n=1,003



Taste continues to have the greatest impact on the decision to buy foods and beverages. Sustainability is up from 2015.

How much of an impact do the following have on your decision to buy foods and beverages? (% Rating 4 to 5 on 5-point scale, from No Impact to A Great Impact)



2016 n=1,003

Arrows indicate significant (.95 level) differences vs. 2015.



International Food Information Council Foundation

2016 Food and Health Survey

FOOD INFORMATION

LANDSCAPE

Seven in ten think it is important that the food products are produced in a sustainable way.

How important is it to you that the food products you purchase or consume are produced in a sustainable way?

73% **THINK IT IS IMPORTANT** 40% Who is more likely to see it as important? 33% • Age 50-80 College grads • Women In better health 12% 10% 3% 1% Very important Somewhat important Neither important nor Somewhat Very unimportant Don't know enough to form an opinion unimportant unimportant

2016 n=1,003

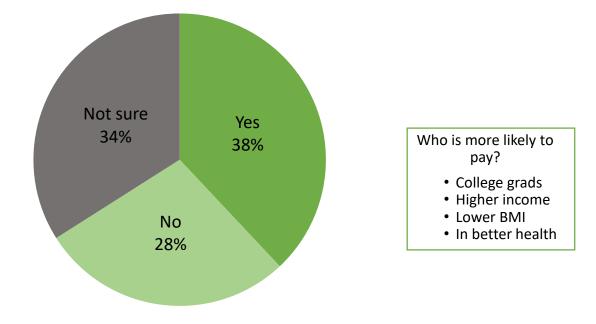


SUSTAINABILITY

People are split on whether they would pay more for food and beverage products that are produced sustainably.

Are you willing to pay more for food and beverage products that are produced sustainably?





2016 n=1,003



Four in ten find conserving the natural habitat and reducing the amount of pesticides used to produce food to be important ways to produce sustainable food.

What 3 aspects of producing food in a sustainable way are most important to you? (Net of top 3 choices picked)

<u>Groups</u> more likely to select:					Groups more likely to select:
Women, Lower BMI	Conserving the natural habitat (water, land, rainforests, etc.)	44%	Produce more food with less use of natural resources	19%	Age 18-34, Higher income, Men
Age 35-80, Women	Reducing the amount of pesticides used to produce food	43%	Lower carbon footprint	18%	Age 18-49
Higher BMI	Ensuring an affordable food supply	37%	Fewer food miles (that is, shorter distance from farm to point of purchase)	17%	Those with children, Lower BMI
Age 50-80, Higher income	Ensuring a sufficient food supply for the growing global population	35%	Recyclable packaging	14%	Age 18-49, Lower income
Age 65-80	Conserving farmland over multiple generations	29%	Reduced packaging material	12%	
College grads	Less food and energy waste	29%	None of the above are important to you	1%	

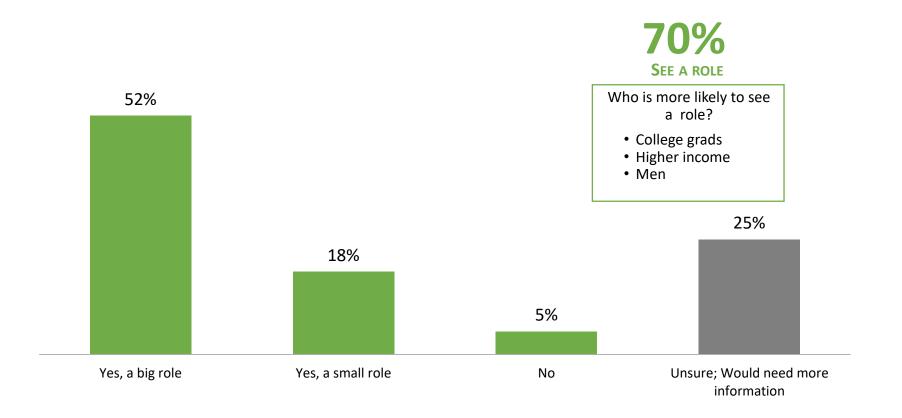
2016 If believes important that food products are produced sustainably n=751



International Food Information Council Foundation 2016 Food and Health Survey SUSTAINABILITY

Seven in ten see modern agricultural practices as having at least a small role in ensuring that all people have access to healthy food.

Do you see a role for modern agricultural practices (precision farming, biotechnology, etc.) in ensuring that all people have access to healthy food?



2016 if believes important to ensure all have access to healthy food n=861

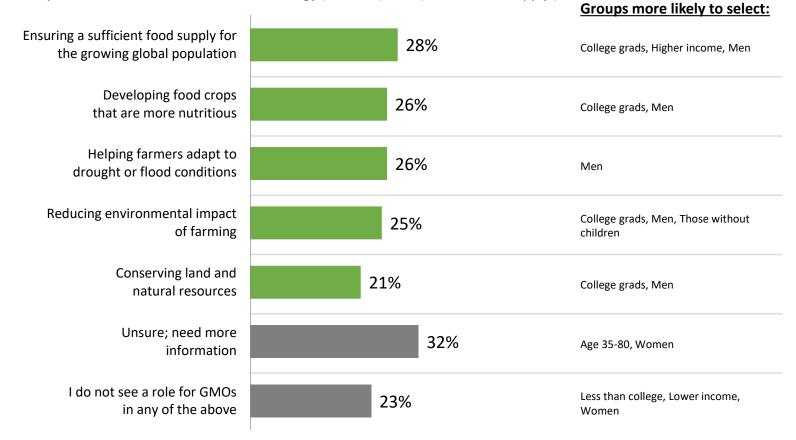


International Food Information Council Foundation 2016 Food and Health Survey SUSTAINABILITY

A third need more information to make an informed decision of the role of biotechnology.

As you may know, some food products and medicines are being developed with the help of scientific techniques. One such technique is genetic engineering, which is used to produce crops and food products known as GMOs".

Do you think there is a role for biotechnology ("GMOs") in...?(Select all that apply.)



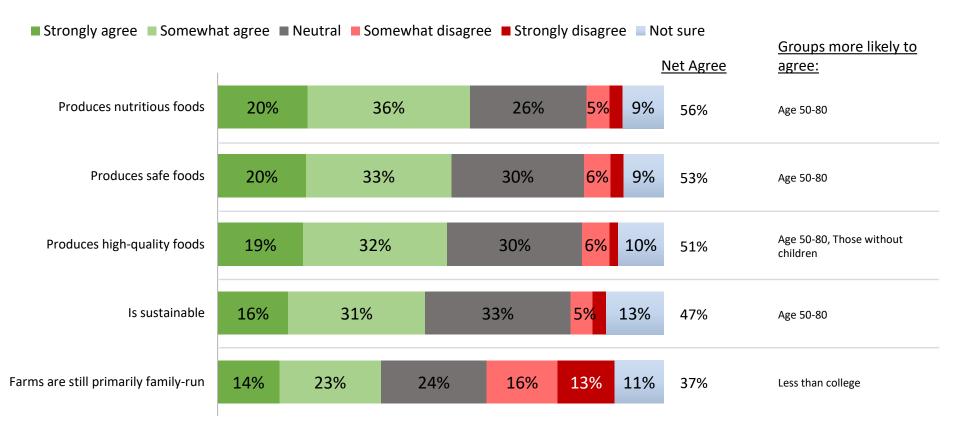
2016 n=1,003





Half agree that modern agriculture produces nutritious foods, safe foods, and high-quality foods.

In general, to what extent do you agree or disagree with the following statements about the use of modern tools, equipment, and technologies in agriculture? Modern agriculture...

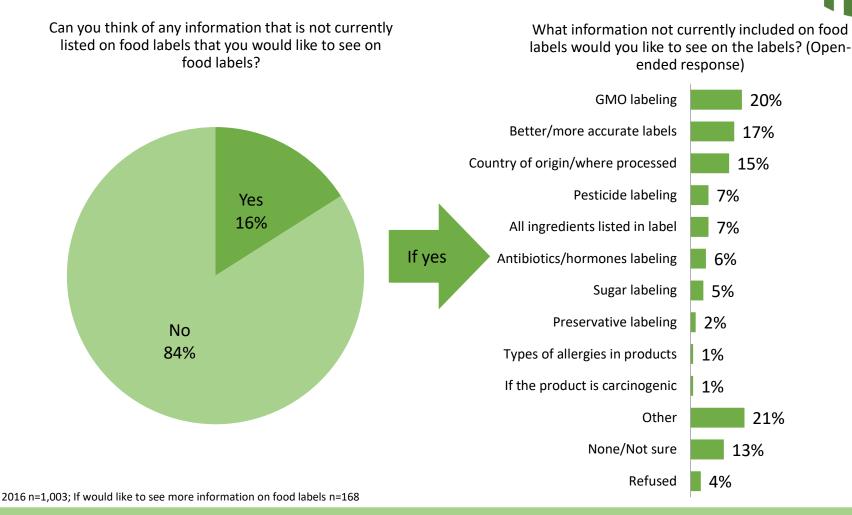


2016 n=1,003



SUSTAINABILITY

One in six wish to see more information on labels. Of those, GMO labeling is one of their top concerns.





FOOD

PRODUCTION

"GMO" On Our Minds

How Does Florida Compare?

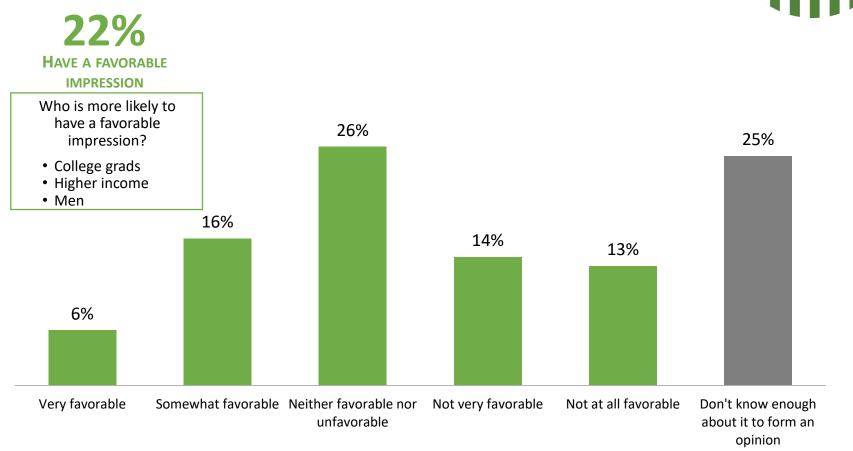


http://www.foodinsight.org/american-perceptions-gmo-labeling-food-health-survey



There is a diversity of opinions about the use of biotechnology to produce food products.

What is your overall impression of using biotechnology ("GMO") to produce food products? Would you say you are...?



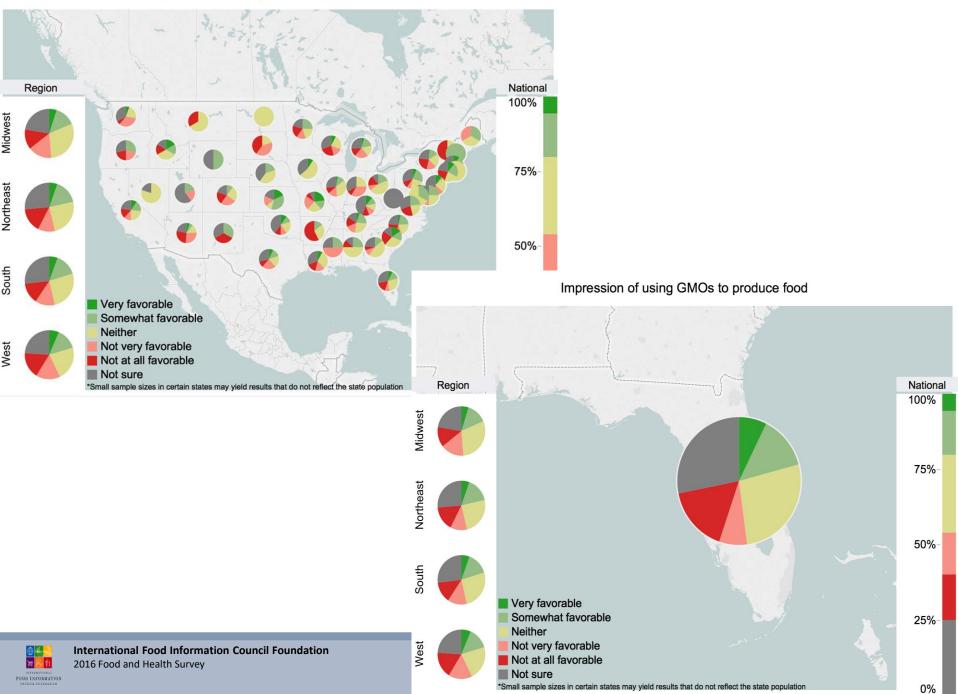
2016 n=1,003



FOOD

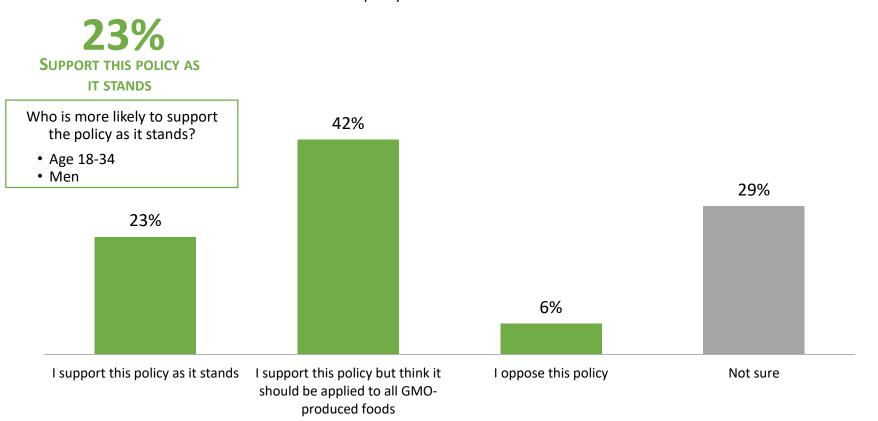
PRODUCTION

Impression of using GMOs to produce food



A quarter support the FDA policy requiring special labeling for foods produced with biotechnology as it stands. Four in ten would like to see expanded labeling.

The U.S. Food and Drug Administration (FDA) requires special labeling for foods produced with biotechnology ("GMO") only when the food produced by biotechnology is substantially different (for example, if the food has a different nutritional content). Would you say that you support or oppose this FDA policy?

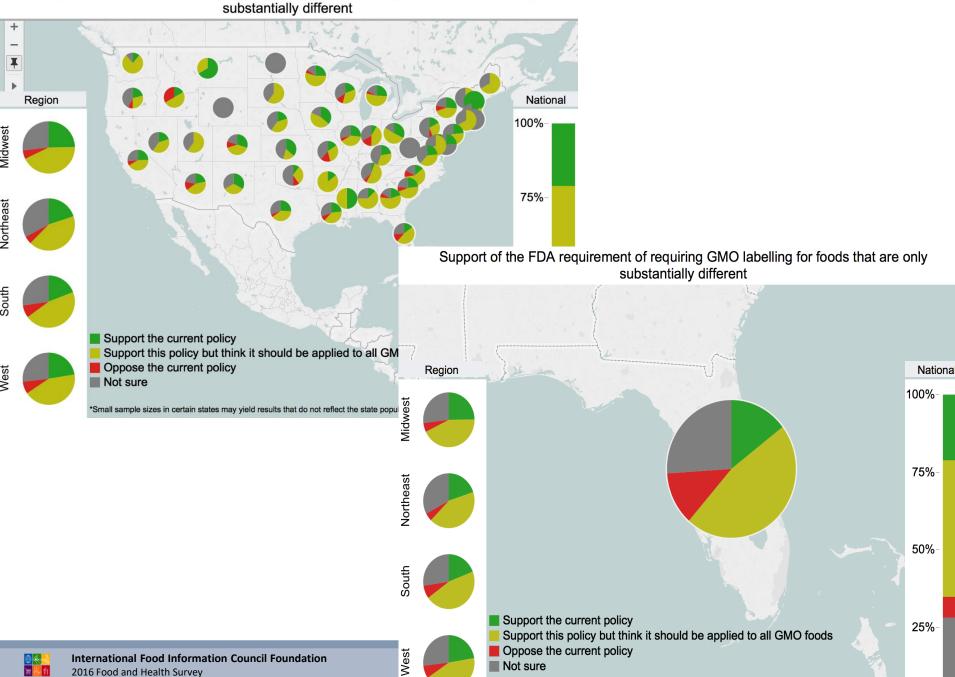


2016 n=1,003



FOOD

PRODUCTION



Support of the FDA requirement of requiring GMO labelling for foods that are only substantially different

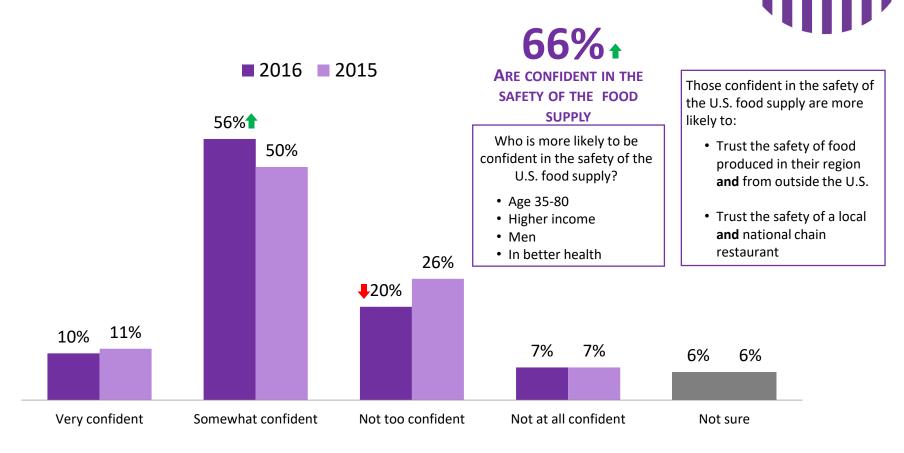
FOOD INFORMATION

*Small sample sizes in certain states may yield results that do not reflect the state population

0%

Two-thirds are confident in the safety of the U.S. food supply.

Overall, how confident are you in the safety of the U.S. food supply?



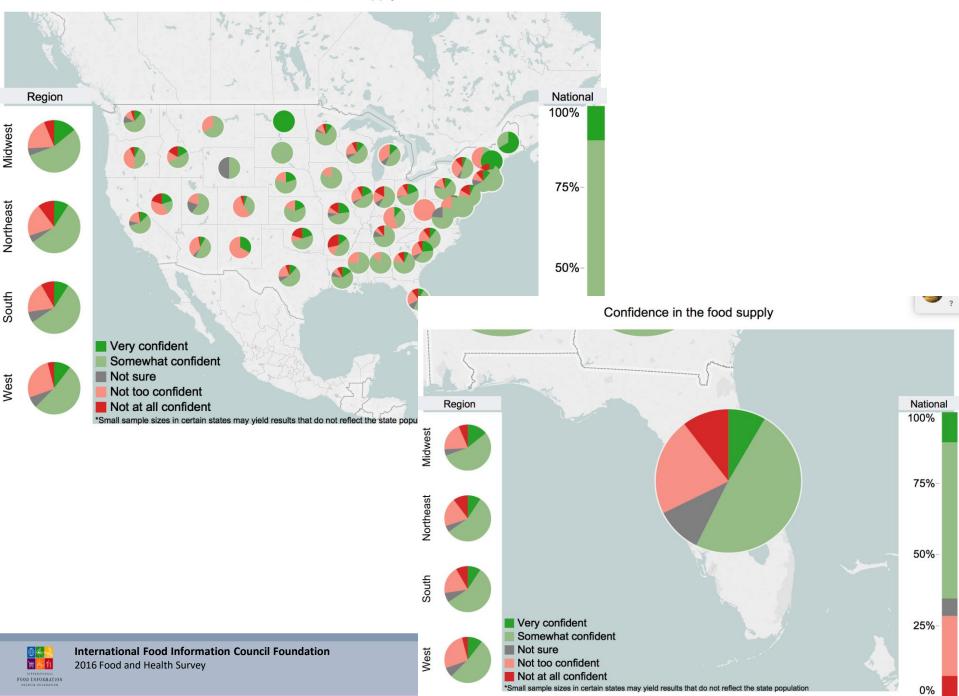
2016 n=1,003; Arrows indicate significant (.95 level) differences vs. 2015.



FOOD

SAFETY

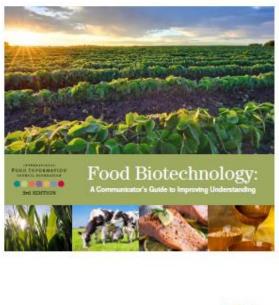
Confidence in the food supply





Get a Copy Today!







The International Food Information Council (IFIC) Foundation introduces the 3rd Edition Food Biotechnology Communicators Guide!

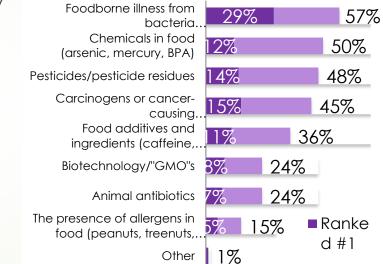




Why Effective Food Risk Communication . . .

- The Science Communications gap is closing . . . slowly but surely
- But . . . public perceptions about food safety is rapidly changing

57% Foodborne illness
50% Chemicals in food
48% Pesticides / residues



Source: 2016 IFIC Foundation Food & Health Survey www.foodinsight.org

In your opinion, what is the most important food safety issue today? (Please rank from 1 to 3, with 1=Most Important.)





Why Effective Food Risk Communication . . .

Why effective food risk communication? Why now?

How and when should it be used?

"FDA Proposes a Limit on Arsenic and Rice" The New Hork Times

"Processed meat causes cancer, says

"National recall for frozen vegetables, fruit from Wash. company"

GWcom



What are the practical steps YOU can incorporate to improve public understanding?



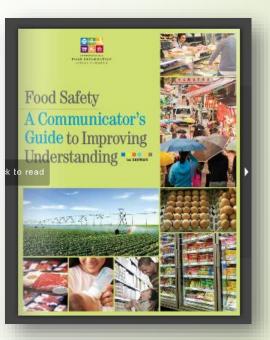
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Today's Challenge . . . How to improve public understanding

- Building a practical Communication Response Framework
 - Assess the situation
 - Identify specific goals and objectives
 - Understand the target audience(s)
 - Develop key messages / engage strategic partners and influencers
 - Employ tactics and actions

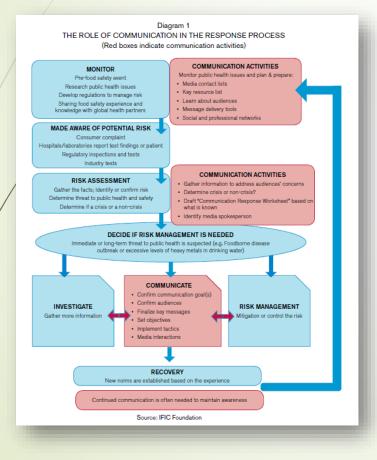


Source: www.foodinsight.org





Communication Response Framework



Assess the situation and gather information







Communication Response Framework

- Identify goals and objectives relevant to the issue
 - 1 3 is sufficient
 - Communication goals vs. non-communication goals
- Understand and assess the target audience(s)
 - Characteristics, concerns, needs; audience specific research
 - Narrow vs broad audience
 - African American males over 65 years of age vs pregnant women vs the general public









Communication Response Framework

- Develop your key messages
 - What happened; what's being done about it?
 - What does it mean; what is the risk?
 - Who's affected; what should I do
 - Where can I get more information
- Employ strategic tactics and actions
 - News media
 - Social networks
 - Partner and influencer networks



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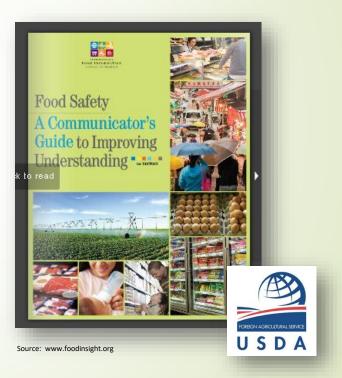




"Food Safety: A Communicator's Guide to Improving Understanding"

- The communication response framework and process
 - Framework elements
 - Worksheets and fictional examples for effective food risk communication
 - Contact lists
 - Message maps
 - Resources and fact sheets
- Available in English
 - Translations forthcoming

PDF available at: www.foodinsight.org







A Final Word on Social Media: Overwhelming but . . .







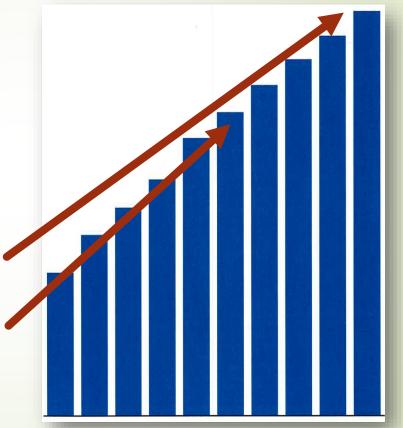
A Necessary Tool to Improve Public Understanding

 Number of social network users worldwide from 2016 – 2019

In Billions

Source: Statisca, 2016

2019: 2.72B* 2016: 2.22B*



Source: Statisca 2016 *years end projections by Statisca





Practical Tactics to Influence and Inform via Social Media

- Build upon current content
- Promote before, during and after event – be quick to post as issues rapidly evolve
 - Post often (3 4 times/day) on Twitter
- Employ search advertising methods
- Target those who search "branded" products; those who post and discuss specific issues
- Bring the conversation to the consumer; sites that are sharing info and engaged with commenters



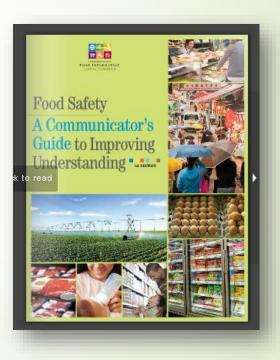




Action Items for Effective Food Risk Communication

- Identify tools and resources to create or enhance your communications framework
- Develop a communications framework to include:
 - Assessment
 - Engagement
 - Communication
- Enhance your presence and influence in social media

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International Food Information Council Foundation 2016 Food and Health Survey



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Q1: What 3 aspects of producing food in a sustainable way are most important to you?

A1: Liberals more readily cite the importance of environmental aspects of sustainability, while conservatives are drawn to sustainability for economic reasons.



International Food Information Council Foundation 2016 Food and Health Survey



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Q2: Have you read an article examining the food system in the past year?

A2: Over half of liberals (51 percent) have read an article examining the food system in the past year, while about one-third (31 percent) of conservatives reported doing the same.





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Q3: What is your top source of trust for information on the safety of food and ingredients?

A3: Liberals are more likely than conservatives to cite the government as a top source of trust for information on the safety of food and ingredients (58 percent vs. 46 percent).





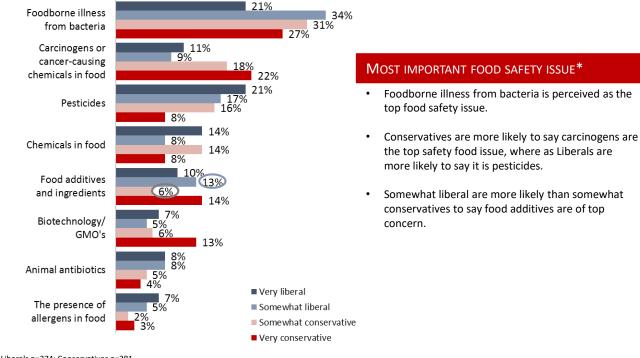
Q4: What is your top food safety issue?

A4: Liberals are far more likely to cite "pesticides" as a top food safety issue (38 percent vs. 24 percent), while conservatives are twice as likely to cite "carcinogens or cancer-causing chemicals in food" (40 percent vs. 20 percent).





Liberals and Conservatives are divided about what is the most important food safety issue today.



2016 Liberals n=274; Conservatives n=281 *Ranked #1, Most Important

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Engaging the Grassroots

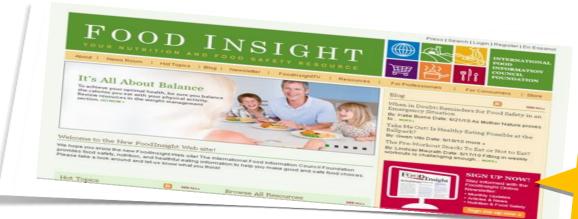
FOOD ADVOCATES COMMUNICATING THROUGH SCIENCE

- 55,000+ "FACTS Followers"
- 100,000 by end of 2016
- Engaging content, calls to action
- @FACTSFollowers on Twitter
 & Facebook
- www.FoodInsight.org/FACTS



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For more information, visit

www.foodinsight.org

Contact Information:

Kimberly Reed International Food Information Council 1100 Connecticut Avenue, NW, Suite 430 Washington, DC 20036 (202) 296-6540 reed@ific.org

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